

MIDWEST CHRISTIAN MONTESSORI ACADEMY

Tips on helping your child transition into his / her new school experience:

Before school starts:

- Drive by the school a few times; mention the name of the new school
- On registration day, ask for the name of your child's teacher and mention it casually prior to the first day
- Read books with your child about children starting school
- Speak positively about the school and teacher
- Mention new friends they will meet and new things they will learn
- Attend orientation and parent meetings
- Read all information from school regarding rules and regulations
- Begin a regular schedule at least one week before the start of school:
(bed times, wake-up times, meal times, morning routines)

The First Day:

- Get to bed early and get up early
- Create a stable routine for the whole year
- Lay out clothes the night before
- Allow your child to choose from two acceptable outfits
- Provide a healthy breakfast
- Get to school on time
- Allow your child to carry his/her own belongings
- Create a parting ritual for the door (ex: hug, kiss, "Have a great day!")
- Do not sneak off – be honest and reassuring about your return
- Leave the classroom/hallway – do not peek in to check on your child
(parents may call the office to check on a child's well-being)

After the First Day:

- Say goodbye to your child at the school's outside door or at the car
- If your child cries or is hesitant, remind him/her that it is all right to feel sad, but soon they will be having fun at school
- Remind them that you will see them soon
- Maintain a positive outlook